

Programme

Session 1 : Saturday morning
Warm up 08.00 – Jury meeting 08.00 – First race 09.00

	Time standard				
	Seniors	Juniors	Jeunes	Pupilles	Poussins
1. 400m freestyle women	5.20.00	5.35.00	5.55.00	6.15.00	6.15.00
2. 400m freestyle men	4.50.00	5.10.00	5.30.00	6.00.00	6.00.00
3. 200m I.M. women	2.50.00	3.00.00	3.14.00	3.28.00	3.40.00
4. 200m I.M. men	2.40.00	2.48.00	3.04.00	3.20.00	3.35.00
5. 100m breaststroke women	1.28.00	1.30.00	1.37.00	1.44.00	1.50.00
6. 100m breaststroke men	1.18.00	1.22.00	1.30.00	1.40.00	1.50.00
7. 50m backstroke women	37.00				
8. 50m backstroke men	33.50				
9. 50m butterfly women	35.50				
10. 50m butterfly men			31.50		
11. 100m freestyle women	1.09.00	1.12.00	1.17.00	1.22.00	1.32.50
12. 100m freestyle men	1.02.00	1.05.00	1.11.00	1.20.00	1.30.00
13. 200m backstroke women	2.50.00	2.58.00	3.12.00	3.26.00	3.40.00
14. 200m backstroke men	2.40.00	2.48.00	3.04.00	3.20.00	3.35.00
15. 200m butterfly women	3.00.00	3.10.00	3.20.00	3.30.00	3.42.00
16. 200m butterfly men	2.40.00	2.50.00	3.07.00	3.25.00	3.40.00
17. 1500m freestyle women	18.30.00	20.00.00	21.30.00	22.30.00	22.30.00
18. 1500m freestyle men	17.30.00	19.00.00	20.30.00	21.30.00	21.30.00

Session 2 : Saturday afternoonWarm up 14.30 – Jury meeting 14.30 – first race 15.30

3F 200m I.M. women	A final
4F 200m I.M. men	A final
5F 100m breaststroke women	A&B finals
6F 100m breaststroke men	A&B finals
7F 50m backstroke women	A&B finals
8F 50m backstroke men	A&B finals
9F 50m butterfly women	A&B finals
10F 50m butterfly men	A&B finals
11F 100m freestyle women	A&B finals
12F 100m freestyle men	A&B finals
13F 200m backstroke women	A final
14F 200m backstroke men	A final
15F 200m butterfly women	A final
16F 200m butterfly men	A final

Session 3 – Sunday morning
Warm up 08.00 – Jury meeting 08.00 – First race 09.00

	Time standard				
	Seniors	Juniors	Jeunes	Pupilles	Poussins
19. 400m I.M. women	6.05.00	6.20.00	6.35.00	6.50.00	6.50.00
20. 400m I.M. men	5.40.00	5.55.00	6.10.00	6.30.00	6.30.00
21. 200m freestyle women	2.30.00	2.36.00	2.48.00	3.00.00	3.15.00
22. 200m freestyle men	2.16.00	2.24.00	2.40.00	2.55.00	3.10.00
23. 50m breaststroke women	41.00				
24. 50m breaststroke men	37.50				
25. 50m freestyle women	31.50				
26. 50m freestyle men	28.00				
27. 100m butterfly women	1.19.00	1.22.00	1.28.00	1.35.00	1.42.00
28. 100m butterfly men	1.10.00	1.14.00	1.23.00	1.30.00	1.40.00
29. 100m backstroke women	1.19.00	1.22.00	1.28.00	1.34.00	1.42.00
30. 100m backstroke men	1.11.00	1.14.00	1.20.00	1.28.00	1.37.50
31. 200m breaststroke women	3.08.00	3.14.00	3.30.00	3.45.00	4.00.00
32. 200m breaststroke men	2.54.00	3.06.00	3.24.00	3.40.00	3.50.00
33. 800m freestyle women	10.30.00	11.00.00	12.00.00	13.00.00	13.00.00
34. 800m freestyle men	9.45.00	10.15.00	11.15.00	12.15.00	12.15.00

Session 4 – Sunday afternoon
Warm up 14.00 – Jury meeting 14.00 – First race 15.00

21F 200m freestyle women	A final
22F 200m freestyle men	A final
23F 50m breaststroke women	A&B finals
24F 50m breaststroke men	A&B finals
25F 50m freestyle women	A&B finals
26F 50m freestyle men	A&B finals
27F 100m butterfly women	A&B finals
28F 100m butterfly men	A&B finals
29F 100m backstroke women	A&B finals
30F 100m backstroke men	A&B finals
31F 200m breaststroke women	A final
32F 200m breaststroke men	A final
35. Team trophy relay	8 best teams in the team classification

Regulations

1. Applied rules

The Diddelenger Schwammfest is an international long course competition organised by the Cercle de Natation Dudelange. The event has been recognised by the international swimming federation FINA as a qualifying event for the 2020 Olympic Games in Tokyo. The competition is held under the rules of FINA and the Luxembourgish Swimming Federation FLNS.

2. The venue

The competition takes place at the swimming pool of Campus Geesseknäppchen, 31, boulevard Pierre Dupong, L-1430 Luxembourg. The competition pool has 50m and 10 lanes. The pool temperature is set at 27°C. Time keeping is operated by electronic OMEGA timing. A 25m warm up pool is available throughout the competition.

3. Age groups

	Women	Men
Seniors	2002 and older	2001 and older
Juniors	2003-2004	2002-2003
Jeunes	2005-2006	2004-2005
Pupilles	2007-2008	2006-2007
Poussins	2009-20010	2008-2009

Swimmers born after the indicated dates will not be admitted.

4. Individual Prices

For the 100, 200, 400, 800 and 1500m races, the first three swimmers in each age category in the heats will be awarded medals.

For the 50 and 100m races, the 10 fastest swimmers of the "Open" classification qualify for the A final, while the swimmers in positions 11 to 20 qualify for the B final. The three fastest swimmers will be awarded price money ($1^{st} \in 40$, $2^{nd} \in 20$, $3^{rd} \in 10$).

For the 200m races, the 10 fastest swimmers of the "Open" classification qualify for the A final. The three fastest swimmers will be awarded price money ($1^{st} \notin 40$, $2^{nd} \notin 20$, $3^{rd} \notin 10$).

The same price money will be awarded to the three fastest swimmers of the direct finals in 400, 800 and 1500m races.

5. Team classification

A team classification will be calculated on the basis of the heat results. Clubs receive points based on their swimmers positions in their respective age groups (1^{st} place = 10 points, 2^{nd} = 8 points, 3^{rd} = 6 points, 4^{th} = 5 points, 5^{th} = 4 points, 6^{th} = 3 points, 7^{th} = 2 points, 8^{th} = 1 point).

The eight best teams of this ranking qualify for a mixed 4x50m freestyle elimination relay consisting of four rounds. Each club needs to nominate 2 male and 2 female swimmers before the beginning of the 4th session. In each round, the two slowest

teams are eliminated. In the fourth round, the two remaining teams compete for the victory of the team trophy.

The first best team in the relay will be awarded trophies. The winner of the relay will furthermore receive a €300 price.

6. Registrations

All swimmers licensed with the Luxembourg Swimming Federation (FLNS) or a club affiliated to FINA may register for the Diddelenger Schwammfest.

Entries should be submitted with the "Splash" software. All entries must be sent via email at meeting@cndu.lu.

Entry deadline: Wednesday 29 April at 18.00 (6.00 PM).

No additional entries will be accepted after the deadline.

Entry fee: 5€

Entry fee must be transferred to the account of CNDU (IBAN LU49 0030 0516 4979 0000, BGLLULL) by Monday 4 May 2020. Please use "Schwammfest 2020" as a reference for your payment. Cheque payment will not be accepted. The organiser will refuse the right to compete to any swimmer for which the entry fees have not been paid. The entry fees will not be reimbursed in case of absence or withdrawal.

The heats will be seeded according to entry times regardless of the swimmers' age group.

The organiser might need to adapt the programme and reserves the right to limit the maximum number of starts to 1800. In case of a limitation of entries, entry times will be taken into consideration while guaranteeing a minimum number of swimmers of each age group in the different races

The organiser reserves the right to reject any swimmer without a confirmed entry time equal or faster than the above time standards. For the "poussins" and "pupilles" age groups, 25m and 50m pool times will be considered while swimmers of the other age groups need to have 50m pool times. For the 800 and 1500m races, a maximum of 20 swimmers will be accepted for each race.

7. Withdrawals

All withdrawals must be communicated to the competition office up to 30 minutes before the start of the respective session. In particular, we ask team leaders to declare withdrawals for 400, 800 and 1500m races.

Withdrawals for finals must be declared within 30 minutes after the publication of the heat results of the respective race. A €15 fine will be charged for each absent swimmer in a final who has not properly withdrawn.

8. Jury

The referees are nominated by the Luxembourgish swimming federation (FLNS). Each club shall nominate two officials and communicate their qualifications to the organiser. Clubs with more than 20 swimmers are required to present 3 officials.

9. Responsibility

The organiser declines all responsibility in case of theft or accidents.

Useful information

1. Lunch

Lunch (salad, main course, fruit + water) can be purchased in the competition venue at the price of €15. Lunch must be ordered in advanced at meeting@cndu.lu.

2. Snacks

A selection of drinks, sandwiches and cakes can be purchased throughout the weekend.

3. Lodging

Please refer to the attached list.