



CNDL

**Cercle de Natation Dudelange
L U X E M B O U R G**

Diddelenger Schwammfest 2019

**30-31 March 2019
Swimming Pool of
« Campus Geesseknäppchen »
Luxembourg**

Programme

Session 1: Saturday morning

Warm up session 08.00 – Jury meeting 08.00 – Start of session 09.00

	Time standards				
	Seniors	Juniors	Jeunes	Pupilles	Poussins
1. 400m I.M. men	5.40.00	5.55.00	6.10.00	6.30.00	6.30.00
2. 200m I.M. women	2.50.00	3.00.00	3.14.00	3.28.00	3.40.00
3. 50m butterfly men	31.50	34.00	36.50	39.00	42.00
4. 50m freestyle women	31.50	34.00	36.50	39.00	42.00
5. 200m freestyle men	2.16.00	2.24.00	2.40.00	2.55.00	3.10.00
6. 100m butterfly women	1.19.00	1.22.00	1.28.00	1.35.00	1.42.00
7. 100m breaststroke men	1.18.00	1.22.00	1.30.00	1.40.00	1.50.00
8. 800m freestyle women	11.00.00	11.30.00	12.30.00	13.30.00	13.30.00
9. 1500m freestyle men	18.30.00	20.00.00	21.30.00	23.00.00	23.00.00

Session 2: Saturday afternoon

Warm up session 13.30 – Jury meeting 13.30 – Start of session 14.30

10. 200m backstroke men	2.40.00	2.48.00	3.04.00	3.20.00	3.35.00
11. 200m breaststroke women	3.08.00	3.14.00	3.30.00	3.45.00	4.00.00
12. 50m breaststroke men	37.50	40.00	42.50	45.00	48.00
13. 50m backstroke women	37.00	39.50	42.00	44.50	47.50
14. 200m butterfly men	2.40.00	2.50.00	3.07.00	3.25.00	3.40.00
15. 400m freestyle women	5.20.00	5.35.00	5.55.00	6.15.00	6.15.00
16. 100m freestyle men	1.02.00	1.05.00	1.11.00	1.20.00	1.30.00
17. 100m backstroke women	1.19.00	1.22.00	1.28.00	1.34.00	1.42.00

Session 3: Sunday morning

Warm up session 08.00 – Jury meeting 08.00 – Start of session 09.00

18. 400m I.M. women	6.05.00	6.20.00	6.35.00	6.50.00	6.50.00
19. 200m I.M. men	2.40.00	2.48.00	3.04.00	3.20.00	3.35.00
20. 50m butterfly women	35.50	38.00	40.50	43.00	36.00
21. 50m freestyle men	28.00	30.50	33.00	35.50	38.50
22. 200m freestyle women	2.30.00	2.36.00	2.48.00	3.00.00	3.15.00
23. 100m butterfly men	1.10.00	1.14.00	1.23.00	1.30.00	1.40.00
24. 100m breaststroke women	1.28.00	1.30.00	1.37.00	1.44.00	1.50.00
25. 800m freestyle men	10.00.00	10.30.00	11.30.00	12.30.00	12.30.00
26. 1500m freestyle women	20.00.00	21.30.00	23.00.00	24.30.00	24.30.00

Session 4: Sunday afternoon

Warm up session 13.30 – Jury meeting 13.30 – Start of session 14.30

27. 200m backstroke women	2.50.00	2.58.00	3.12.00	3.26.00	3.40.00
28. 200m breaststroke men	2.54.00	3.06.00	3.24.00	3.40.00	3.50.00
29. 50m breaststroke women	41.00	43.50	46.00	48.50	51.50
30. 50m backstroke men	33.50	36.00	38.50	41.00	44.00
31. 200m butterfly women	3.00.00	3.10.00	3.20.00	3.30.00	3.42.00
32. 400m freestyle men	4.50.00	5.10.00	5.30.00	6.00.00	6.00.00
33. 100m freestyle women	1.09.00	1.12.00	1.17.00	1.22.00	1.32.50
34. 100m backstroke men	1.11.00	1.14.00	1.20.00	1.28.00	1.37.50

Regulations

1. Applied rules

The Diddelenger Schwammfest is an international long course competition organised by the Cercle de Natation Dudelange. The competition is held under the rules of FINA and the Luxembourgish Swimming Federation FLNS.

2. The venue

The competition takes place at the swimming pool of Campus Geesseknäppchen, 31, boulevard Pierre Dupong, L-1430 Luxembourg. The competition pool has 50m and 10 lanes. The pool temperature is set at 27°C. Time keeping is operated by electronic OMEGA timing. A 25m warm up pool is available throughout the competition.

3. Age groups

	Women	Men
Seniors	2001 and older	2000 and older
Juniors	2002-2003	2001-2002
Jeunes	2004-2005	2003-2004
Pupilles	2006-2007	2005-2006
Poussins	2008-2009	2007-2008

Swimmers born after the indicated dates will not be admitted.

4. Prizes

For each race, medals will be awarded to the first three swimmers in each age group. In addition, the first three swimmers in the open classification receive prize money (1st: €40, 2nd: €20, 3rd: €10). These prizes are only awarded to swimmers that have realised the time standards.

A team classification will be established. Points are awarded to a club for a swimmer's classification in places 1 to 8 (1st= 10 points, 2nd=8 points, 3rd=6 points, 4th=5point, 5th=4 points, 6th=3 points, 7th=2points, 8th =1 point).

Trophies are presented to the three first clubs of the team classification.

5. Registration

All swimmers licensed with the Luxembourg Swimming Federation (FLNS) or a club affiliated to FINA may register for the Diddelenger Schwammfest.

Entries should be submitted with the "Splash" software. Alternatively the attached excel file may be used. All entries must be sent via email at meeting@cndu.lu.

Entry deadline: Wednesday 20th March at 18.00 (6.00 PM).

No additional entries will be accepted after the deadline.

Entry fee: 4,5 €

Entry fee must be transferred to the account of CNDU (IBAN LU49 0030 0516 4979 0000, BGLLULL) by Monday 19 March 2018. Please use "Schwammfest 2019" as a reference for your payment. Cheque payment will not be accepted. The organiser will refuse the right to compete to any swimmer for which the entry fees have not been paid. The entry fees will not be reimbursed in case of absence or withdrawal.

The heats will be seeded according to entry times regardless of the swimmers' age group.

The organiser may alter the programme or restrict the number of entries if necessary. In case of a limitation of entries, priority will be given to swimmers with confirmed entry times faster than the time standards.

6. Withdrawals

All withdrawals must be communicated to the competition office up to 30 minutes before the start of the respective session. In particular, we ask team leaders to declare withdrawals for 400, 800 and 1500m races.

7. Jury

The referees are nominated by the Luxembourgish swimming federation (FLNS). Each club shall nominate two officials and communicate their qualifications to the organiser. Clubs with more than 20 swimmers are required to present 3 officials.

8. Responsibility

The organiser declines all responsibility in case of theft or accidents.

Useful information

1. Lunch

Lunch (saladt, main course, fruit + water) can be purchased in the competition venue at the price of €15. Lunch must be ordered in advanced at meeting@cndu.lu.

2. Snacks

A selection of drinks, sandwiches and cakes can be purchased throughout the weekend.

3. Lodging

Please refer to the attached list.