



**“Centre René Hartmann”, rue du Parc, Dudelange
Luxembourg**

CNDU Generation Cup, February 3rd 2019

The Cercle de Natation Dudelange invites you to its 1st Generation Cup, which will be organized on February 3rd 2019 at the swimming pool “Centre Sportif René Hartmann”, rue du Parc, Dudelange. This competition will be the first of its kind in Luxembourg. The aim of this meeting is to bring together swimmers of different age groups. For this purpose, the program provides special events for smaller children and a variety of races for young swimmers and masters.



Competition Program

Sunday 3rd February 2019	
Morning Session – Warm up: 8.30, First Start 9.30	Afternoon Session – Warm up: 13.30, First Start 14.15
<ol style="list-style-type: none"> 1. 200m Freestyle women 2. 200m Freestyle men 3. 100m Butterfly women 4. 100m Butterfly men 5. 50m Breaststroke women 6. 50m Breaststroke men 7. 50m Backstroke women 8. 50m Backstroke men 9. 100m Freestyle women 10. 100m Freestyle men Break 20 min 11. 4x50m Medley mixed relay 12. 200m Backstroke women 13. 200m Backstroke men 14. 100m Breaststroke women 15. 100m Breaststroke men 16. <i>Participation even A, 25 backstroke kick</i> 	<ol style="list-style-type: none"> 17. <i>Participation event B 25m crawl kick</i> 18. 4x50m Freestyle mixed relay 19. 200m Breaststroke women 20. 200m Breaststroke men 21. 100m Backstroke women 22. 100m Backstroke men 23. <i>Participation Event C: 4x25m Fun Relay</i> 24. 50m Butterfly women 25. 50m Butterfly men Break 20 min 26. 50m Freestyle women 27. 50m Freestyle men 28. 100m Individual Medley women 29. 100m Individual Medley men 30. <i>Participation Event D: 3x50m Family Relay</i>

Regulations

1. Applied Rules

The organizer of the Generation Cup is the Cercle de Natation Dudelange (CNDU). The meeting will be held under FINA rules as well as those of the Luxembourg Swimming Federation (FLNS). The meeting is open to licensed swimmers.

2. Venue

The meeting takes place in the swimming pool of the Centre Sportif René Hartmann, located at rue du Parc in Dudelange. The competition pool is a 25m pool with 6 lanes and a water temperature of 27°C. Omega electronic time keeping will be used. A 10x15m swim down pool is available.

3. Regulations for special events

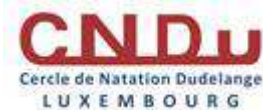
Mixed relays: For events 11 and 18, teams must consist of 2 male and 2 female swimmers.

4. Age groups & awards

For all individual races there will be a classification by age group in the direct finals/heats. The first 3 swimmers from each category receive a medal. The following age groups shall apply: 9-10 years, 11-12 years, 13-14 years, 15-17 years, 18-24 years. For swimmers born in 1993 or before the usual masters age groups apply (25-29, 30-34,...)

For relay events, results are considered in an open category. The first 3 teams will be awarded medals.

The youngest as well as the oldest male and female swimmer participating in the meeting will receive a special prize.



5. Registration and fees

All entries must be submitted by **January 20th, 2019 at 12.00 noon**. Entries should be registered by using the corresponding splash file/Lenex and sent to:

Address: CNDU, BP 17, L- 3401 Dudelange

E-mails: cndu@cndu.lu Webpage: www.cndu.lu

Registration fees: per individual race EUR 4,50
per relay EUR 8,00

Transfers can be made to CNDU Luxembourg, Banque Generale du Luxembourg,
IBAN LU49 0030 0516 4979 0000, swift BGLLLLULL, *ref. Generation Cup 2019*

All withdrawals must be declared until 30 minutes before the start of the competition.

The CNDU reserves the right to restrict registrations in case of high demand.

6. Meet officials

Each club should provide at least one meet official if more than 6 participants. Local clubs should further please bring 2 officials if more than 12 participants.

7. Participation Events

In addition to the official competition program, the CNDU organizes 4 participation events.

- In **event A and B**, children born 2010 or later swim 25m Backstroke kick and crawl kick (with a board).
- In **event C**, teams of 4 swimmers will swim 25m race with special rules. These rules will only be revealed on the competition day.
- In **event D**, three members of the same family (straight line) will swim a 3x50m freestyle race.

These 4 participation events are open to licensed swimmers and non-licensed swimmer under the condition that they present a medical certificate attesting that they can participate.

Other information

Drinks and Snacks

Drinks and snacks (warm & cold) will be organized by CNDU and can be purchased during the competition.