



**“Centre Ren  Hartmann”, rue du Parc, Dudelange  
Luxembourg**

## **CNDU Generation Cup, February 2<sup>nd</sup> 2020**

The Cercle de Natation Dudelange invites you to its 3<sup>rd</sup> Generation Cup, which will be organized on February 2<sup>nd</sup> 2020 at the swimming pool “Centre Sportif Ren  Hartmann”, rue du Parc, Dudelange. The aim of this meeting is to bring together swimmers of different age groups. For this purpose, the program provides special events for smaller children and a variety of races for young swimmers and masters.

## Competition Program

Sunday 2nd February 2020	
Morning Session – Warm up: 8.30, First Start 9.30	Afternoon Session – Warm up: 13.30, First Start 14.15
<ol style="list-style-type: none"> <li>200m Freestyle women</li> <li>200m Freestyle men</li> <li>100m Butterfly women</li> <li>100m Butterfly men</li> <li>50m Breaststroke women</li> <li>50m Breaststroke men</li> <li>50m Backstroke women</li> <li>50m Backstroke men</li> <li>100m Freestyle women</li> <li>100m Freestyle men</li> <li>Break 20 min</li> <li>200m Backstroke women</li> <li>200m Backstroke men</li> <li>100m Breaststroke women</li> <li>100m Breaststroke men</li> </ol>	<ol style="list-style-type: none"> <li>200m Breaststroke women</li> <li>200m Breaststroke men</li> <li>100m Backstroke women</li> <li>100m Backstroke men</li> <li>50m Butterfly women</li> <li>50m Butterfly men</li> <li>Break 20 min</li> <li>50m Freestyle women</li> <li>50m Freestyle men</li> <li>100m Individual Medley women</li> <li>100m Individual Medley men</li> <li><i>Participation Event: 3x50m Family Relay</i></li> </ol>

## Regulations

### 1. Applied Rules

The organizer of the Generation Cup is the Cercle de Natation Dudelange (CNDU). The meeting will be held under FINA rules as well as those of the Luxembourg Swimming Federation (FLNS). The meeting is open to licensed swimmers.

### 2. Venue

The meeting takes place in the swimming pool of the Centre Sportif René Hartmann, located at rue du Parc in Dudelange. The competition pool is a 25m pool with 6 lanes and a water temperature of 27°C. Omega electronic time keeping will be used. A 10x15m swim down pool is available.

### 3. Age groups & awards

For all individual races there will be a classification by age group in the direct finals/heats. The first 3 swimmers from each category receive a medal. The following age groups shall apply: 9-10 years, 11-12 years, 13-14 years, 15-17 years, 18-24 years. For swimmers born in 1995 or before the usual masters age groups apply (25-29, 30-34,...)

### 4. Registration and fees

All entries must be submitted by **January 27th, 2020 at 12.00 noon**. Entries should be registered by using the corresponding splash file/Lenex and sent to:

Address: CNDU, BP 17, L- 3401 Dudelange

E-mails: [cndu@cndu.lu](mailto:cndu@cndu.lu) Webpage: [www.cndu.lu](http://www.cndu.lu)

**Registration fees:** per individual race EUR 4,50



Transfers can be made to CNDU Luxembourg, Banque Generale du Luxembourg, IBAN LU49 0030 0516 4979 0000, swift BGLLULL, **ref. Generation Cup 2020**

All withdrawals must be declared until 30 minutes before the start of the competition.

**The CNDU reserves the right to restrict registrations in case of high demand.**

### **5. Meet officials**

Each club should provide at least one meet official if more than 6 participants. Local clubs should further please bring 2 officials if more than 12 participants.

### **6. Family Relay**

Relay teams consist of three family members. The event is open to licensed swimmers and non-licensed swimmer under the condition that they present a medical certificate attesting that they can participate.

## **Other information**

### **Drinks and Snacks**

Drinks and snacks (warm & cold) will be organized by CNDU and can be purchased during the competition.