

Schedule Session No. 1 - Morning Session

03.02.19 - 9:30

Warmup: 8:30 until 9:25

9:30	1.	200m Freestyle	Women	Timed Final	9 +	0:21	5 Heats
9:51	2.	200m Freestyle	Men	Timed Final	9 +	0:20	4 Heats
10:11	3.	100m Butterfly	Women	Timed Final	9 +	0:06	2 Heats
10:17	4.	100m Butterfly	Men	Timed Final	9 +	0:03	1 Heat
10:20	5.	50m Breaststroke	Women	Timed Final	9 +	0:12	6 Heats
10:32	6.	50m Breaststroke	Men	Timed Final	9 +	0:12	6 Heats
10:44	7.	50m Backstroke	Women	Timed Final	9 +	0:05	3 Heats
10:49	8.	50m Backstroke	Men	Timed Final	9 +	0:06	3 Heats
10:55	Break						0:15
11:10	31.	100m Freestyle	All	Timed Final	Open	0:05	1 Heat
11:15	9.	100m Freestyle	Women	Timed Final	9 +	0:15	6 Heats
11:30	10.	100m Freestyle	Men	Timed Final	9 +	0:16	6 Heats
11:46	11.	4 x 50m Medley	Mixed	Timed Final	Open	0:04	not seeded
11:50	12.	200m Backstroke	Women	Timed Final	9 +	0:13	3 Heats
12:03	13.	200m Backstroke	Men	Timed Final	9 +	0:04	1 Heat
12:07	14.	100m Breaststroke	Women	Timed Final	9 +	0:17	6 Heats
12:24	15.	100m Breaststroke	Men	Timed Final	9 +	0:13	4 Heats
12:37	16.	25m Backstroke Kicks	All	Timed Final	- 9	0:05	2 Heats
12:42	End of session				Total duration	3:12	

Schedule Session No. 2 - Afternoon Session

03.02.19 - 14:15

Warmup: 13:15 until 14:10

14:15	17.	25m Crawl Kicks	All	Timed Final	- 9	0:05	2 Heats
14:20	32.	4 x 50m Freestyle	All	Timed Final	Open	0:08	1 Heat
14:30	18.	4 x 50m Freestyle	Mixed	Timed Final	Open		no entries
14:30	19.	200m Breaststroke	Women	Timed Final	9 +	0:06	1 Heat
14:36	20.	200m Breaststroke	Men	Timed Final	9 +	0:06	1 Heat
14:42	21.	100m Backstroke	Women	Timed Final	9 +	0:05	2 Heats
14:47	22.	100m Backstroke	Men	Timed Final	9 +	0:07	2 Heats
14:54	23.	4 x 25m Fun Relay	All	Timed Final	Open	0:10	not seeded
15:04	24.	50m Butterfly	Women	Timed Final	9 +	0:02	1 Heat
15:06	25.	50m Butterfly	Men	Timed Final	9 +	0:02	1 Heat
15:08	Break						0:15
15:23	33.	50m Freestyle	All	Timed Final	Open	0:05	1 Heat
15:28	34.	50m Freestyle	All	Timed Final	Open	0:02	not seeded
15:30	26.	50m Freestyle	Women	Timed Final	9 +	0:06	3 Heats
15:36	27.	50m Freestyle	Men	Timed Final	9 +	0:05	3 Heats
15:41	28.	100m Medley	Women	Timed Final	9 +	0:07	2 Heats
15:48	29.	100m Medley	Men	Timed Final	9 +	0:06	2 Heats
15:54	30.	3 x 50m Family Relay	All	Timed Final	Open	0:10	not seeded
16:04	End of session				Total duration	1:49	